

## **Kirsty Mjadzelics – Mental Health Nurse**



I am a Registered Mental Health Nurse and have been qualified since 2016. I currently work for an ageless service within our NHS, providing assessment, advice and signposting to those who present to emergency departments across Yorkshire with Mental Health difficulties.

I first heard about Williams Syndrome in 2019, when I was lucky enough to become a part of the Family of a young girl, Aoife-Brooke, who has Williams Syndrome. Over the years, my knowledge of Williams Syndrome and its characteristics has expanded, and I have had the pleasure of meeting a vast number of families whose lives have been brightened by our extraordinary Children, Young People and Adults.

As a Mental Health Nurse within the Professional Advisory Panel, I will work alongside the Staff and Trustees to signpost families to relevant Mental Health Services as well as support families to understand how to navigate the services on offer within the NHS, so you can access support for any Mental Health concerns that may arise throughout the lives of those with Williams Syndrome.